

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthotics.

### Exercise Walking / Running§

**Aetrex** Edge  
**Asics Gel** MC Plus\* Foundation Kayano Forte GT3000  
**Brooks** Beast\* / Ariel\* Addiction Adrenaline Trance  
**Mizuno** Wave Alchemy  
**New Balance** 587\* 940 993 1012\* 1260 817 1540\*  
**Nike** Structure Triax  
**Saucony** Grid Stabil Hurricane

### Walking§

**Aetrex** All Walkers  
**Brooks** Addiction Walker (Leather)\*  
**Dunham** All Walkers  
**New Balance** 846 928\*  
**Saucony** ProGrid  
**SAS** Time Out(m) Free Time(w)

### Trail Running/Light Hiking

**Asics** Kahana  
**Brooks** Adrenaline GTX  
**Keen** Targhee  
**Merrell** Chameleon Refuge  
**Montrail** Hardrock\* Comp XCR  
**New Balance** 968  
**Patagonia** Drifter

### Cross Trainers / Aerobics

**Adidas** Barricade  
**K-Swiss** Difier-miSOUL Stabilor  
**New Balance** 856 871 1004  
**Nike** Court Ballistic  
**Prince** Scream T-22

### Extra-Depth Shoes

Aetrex, Apex, Dr. Comfort, Drew, Orthofeet, P.W. Minor, Soft Spot

### Maximum motion control

§ Best shoe types for use with AFOs  
 +stable heel, ++unstable heel

Shoe Size: \_\_\_\_\_

### Basketball

**Adidas** Crazy Shadow  
**New Balance** 891 907  
**Nike Air** LeBron9 Zoom Hyperdunk

### Dress Shoes-Women:

*Heels, Flats, Casual*  
**Aetrex, Alice-Alan, Aravon, Ariat, Beautifeel, Blend, Cole-Haan, Dansko, Finn Comfort, Kumfs, Munro, Naot, Nickels, Rieker, Rockport, Salamander, Sanita, Selby, Sudini, Taryn Rose, Theresia**

### Dress Shoes-Men:

**Aetrex, Allen Edmonds, Cambrian, Cole Hann, Dansko, Dunham, Ecco, Kumfs, Naot, Niel M., Rockport**

### Sandals:

**Aetrex Sandalistas, Ariat, Birkenstock, Cambrian, Dansko, Finn Comfort, Naot, Solvee, Theresia**

### Clogs and Slippers

*Nontraditional slippers for support and comfort.*  
**Crocs, Daniel Green Clogs, Finn Comfort Orb, Geisswan Clogs, Heflinger Clogs, Naot Iceland or Glacier Stegmann Clogs, Timberland Professional Clogs**

### Rocker-Soled Shoes

**Dansko+, Sketcher Shape-Up++**  
 +stable heel, ++unstable heel

### Insoles

To go under orthotic after removing shoe insole  
**Dr. Scholl's:** Air pillow insole **Spenco:** Flat insole

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